



In Partial Fulfillment of the Requirements for the Degree of

Master of Sustainability Solutions (MSUS)

Amy Bergley

Will defend her Master's Capstone Project

Combating Food Waste via Sustainable and Happiness Strategies in the US, UK
and Denmark

Abstract

What are best practices for food waste management? How does food waste management impact human happiness? To address these questions, I conducted applied fieldwork and research around the policies and best practices that the United Kingdom, United States, and Denmark have implemented to address food waste. Each country is at a different stage in terms of food waste management, implementing various strategies to sustainably manage food waste. Surveys, semi-structured interviews, and observation show that food waste must be addressed on multiple levels; from the farmer, to the business, to the consumer. Further, working with the Happiness Alliance, I developed educational tools based off my research findings highlighting the issue of food waste, how it impacts individual happiness and the environment, as well as sustainable management strategies. The research and applied tool development process indicates that food waste is best addressed through a multi-strategy program focused on education and policies that simultaneously enhance the value of food, establish infrastructure, and protect the environment.

Thursday, December 1, 2016
12:00 – 2:00pm
Wrigley Hall, 481

Faculty, students, and the general public are invited.