

Measuring Individually Experienced Temperatures in Phoenix, AZ: A New Method for Research and Education in Urban Environmental Science

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Research Context

- Urban environmental health hazards, including exposure to extreme heat, have become increasingly important to understand in light of ongoing climate change and urbanization.¹
- Most current knowledge about heat-health risks is based on measurements of outdoor air (or land surface) temperatures.
- Neighborhoods (or other subdivisions such as census tracts) are often considered homogenous and appropriate units with which to assess risk and implement intervention strategies.²
- Previous work by authors has demonstrated that heterogeneity in heat exposure can exist within an urban neighborhood,³ but the scale of differences within and between neighborhoods remains unknown.

Problem Statement

- Little is known about temperatures individuals actually experience within neighborhoods and cities, given differential access to cooling resources, complex activity patterns, and diverse thermal and social environments.
- The aim of this project is to measure Individually Experienced Temperatures (IETs) in a hot climate to better understand the distribution of heat exposure across urban neighborhoods.³

Research Q1: How does IET vary between neighborhoods?

Research Q2: How does heterogeneity vary between neighborhoods?

Methods

- In September 2014, 80 research participants were recruited from 5 Phoenix-area neighborhoods (see Table 1) that provided contrasts in heat-health vulnerability, geographic/microclimatic setting, demographic characteristics, and consistency with previous and ongoing research efforts.
- Participants were equipped with Thermochron iButton temperature sensors that recorded IETs at 5 minute intervals from 8PM 13-Sep to 8PM 20-Sep.³
- Participants completed background and daily surveys, engaged in activity log phone calls, and participated in exit interviews.
- The four hottest days during the study week were selected for analysis to represent average September conditions. This period included two weekdays and two weekend days.
- Average outdoor temperatures during this period spanned 28.6°C to 37.0°C.



Sevgi, Singh, and Kuras stroll through a study neighborhood

Table 1. Selected traits of the study neighborhoods
(* = CAP LTER study neighborhood)

| Neighborhood | % White | Med HH Income | Important Trait |
|--|---------|---------------|----------------------------|
| Coffelt (Central City South) | 48.0% | \$13,300 | Public Housing |
| Encanto-Palmcroft* (McDowell & 7 th Ave) | 92.1% | \$121,400 | Historic Anglo Phoenix |
| Garfield (Roosevelt & 7 th St) | 47.2% | \$27,600 | Gentrifying |
| Power Ranch* (in Gilbert) | 81.1% | \$87,200 | Master-planned |
| Thunderhill* (in Ahwatukee) | 84.8% | \$141,300 | World's Largest Cul-de-sac |

Results

Q1: Significant differences exist in mean IETs between neighborhoods for all hours with the exception of 6:00-10:00 (ANOVA, $p < 0.05/24$; Figure 1).

Q2: In four of the neighborhoods, the pattern of heterogeneity was roughly similar throughout the 24 hour cycle. **Thunderhill**, the exception, had an inverse patterns with elevated variance in the period of 23:00-7:00 (Figure 2). This observation may be driven by A) two participants with relatively high IETs compared to their neighbors and B) a small sample size ($n = 11$).

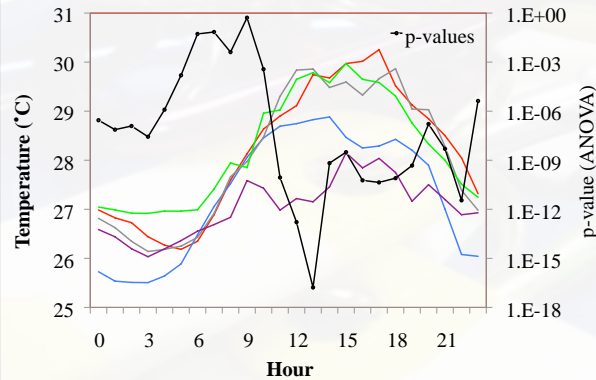


Figure 1. Mean neighborhood IETs during the analysis period (including ANOVA p-values)

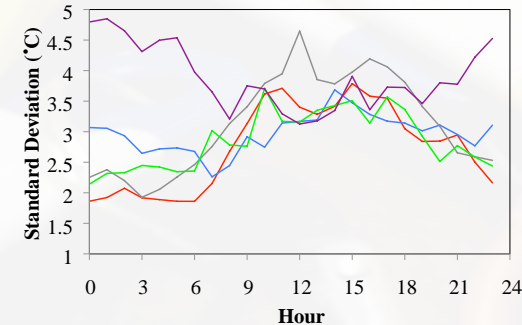


Figure 2. Standard deviation in neighborhood IETs during the analysis period

Discussion of Significance and Contribution

- Data collected in this study help explain how intra-city differences in outdoor temperatures manifest themselves into the heat exposure of urban residents.
- The pathway from extreme heat → human exposure → health and well-being outcomes is context-dependent on time and place. Such differences on the neighborhood scale are overlooked by outdoor air temperature measurements and should be better integrated into heat-health research and intervention strategies.
- Potential exists to synthesize IET information with long-term CAP data sets in three of the study neighborhoods (including PASS and microclimatic assessments).

The IET Lab Experience

- As part of a research-for-credit experience, 8 ASU undergraduates, ranging from freshman to senior, interviewed and were selected to assist with the project.
- Students were trained in field methods and data analysis and collaborated to finalize survey and interview questions.
- Focusing on specific study neighborhoods, students recruited participants, distributed iButtons, administered surveys, and conducted interviews.
- Each student developed an individual research question, processed and utilized appropriate data to narrow scope and address hypotheses, and wrote a 6-10 page research paper at the end of the semester.
- Students were asked to evaluate their experience and performance. Quotes are in *italics* and a word cloud was generated from responses.



"My personal research was where I really learned the most about the research process."

"I kept busy all semester and got a sense (at least a tiny bit) of what it takes to be a researcher and a scientist. I appreciate their work tenfold after I've had a taste of how time and effort consuming, yet exciting, it is."

"I am really proud of myself. The [interview] transcriptions were the hardest, but the most rewarding. I had trouble with GIS at first, but [another student's] help really did go a long way."

- IET methods provide opportunities for undergraduate students in to engage in interdisciplinary research and improve skills (e.g. Excel, GIS, research design, interactions with participants) through mentorship, motivation, and trial & error. The biggest challenge for students? Time management.

Bibliography

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